

Attack Volleyball setting chart
Terminology/ Hand signals

Outside Hitter (OH)

- 4 – high set to outside hitter (OH)
 - Signal : Four Fingers



- 41- Quick shoot set to outside hitter (OH)
 - Signal: Hand in the shape of a gun



- Hut – Lob set to outside hitter a little faster than a 4
 - Signal: Four Fingers flashing



- 32 - Set in between OH and MB 3-4 ft above net
 - Signal: Three fingers



Middle Blocker (MB)

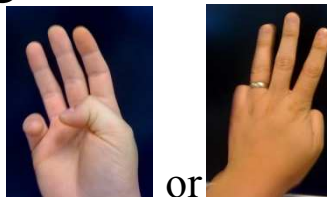
- 1 – Quick set above setter to the middle.
 - Signal: One finger



- 2 - High set in the middle in front of setter 3-4 ft above net.
 - Signal: Two fingers

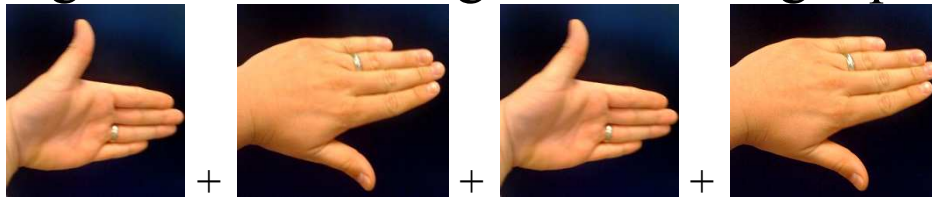


- 31 -Quick set to middle hitter in the three position (same as 32 but faster)
 - Signal: Three fingers



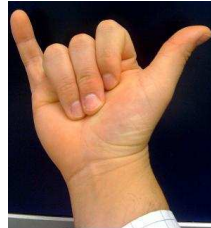
- Back Slide - Back set for middle pushed to the 5 position 3-4 ft above net.

- Signal: Flat rotating hand moving rapidly



- Front Slide – Quick set 3-4 ft in front of setter. Just like a “31” just a little closer to setter.

- Signal: Pinky and thumb extended (hang loose signal)



- Back A – Quick set right behind setter to RS or MB

- Signal: Pinky finger pointed down



Right Side Hitter (RS)

- C - Back set to the right side hitter.
- Signal: 5 Fingers



- Back B - High back set in between setter and RS position 3-4 ft above the net. (RS)
 - Signal: Ring and pinky finger pointed down



- Back A – Vertical quick set just behind setter. Quick tempo set. (RS/MB)
 - Signal: Pinky finger pointed down

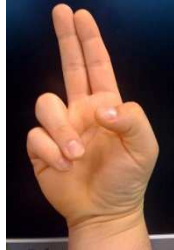


Combination Plays

Tandem

a tandem play in volleyball is when one player follows behind the other when attacking. An example of a tandem is having a middle hitter approach for a one set with the outside hitter approaching to hit a two set. This is usually done with the outside hitter approaching behind or right next to the middle hitter.

Tandems often confuse opponents because it is difficult to stay with both attackers, often forcing blockers to make a guess on which hitter to stay with.



Double quick

a double quick is when two hitters approach to hit quick sets. A middle hitter approaching to hit a front one and a right side hitter approaching to hit a back one is a double quick.



X Play

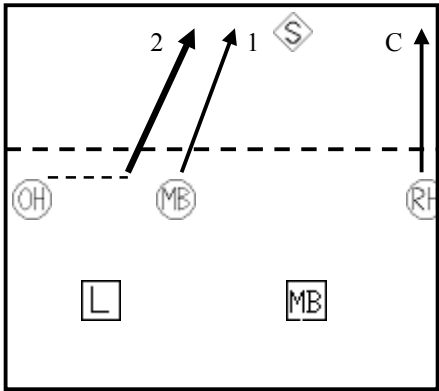
An X or Cross is when hitters approach to hit crossing one another's paths. A middle approaching to hit a front one and the right side player coming around to hit a front two is an example of an X or cross.



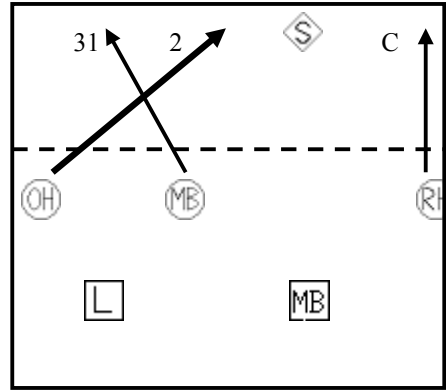
BACK ROW SETS

- Red - Back row 10 ft set to left back position
 - Signal: Brush right shoulder
- White - Back row 10 ft set to middle back position
 - Signal: Hand brushes middle of chest
- Blue - Back row 10 ft set to right back position
 - Signal: Brush left shoulder

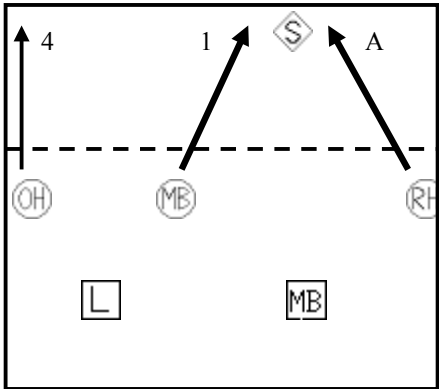
Tandem or Stack



X



Double Quick



Cross

